

FLIGHT MEDICAL

B-Lev Mode *Biphasic Ventilation*



Bi-Phasic Ventilation B-LEV

- Bi-Phasic Ventilation (B-Lev) is a time cycled pressure mode. The ventilator cycles between two different baseline pressures, based on time.
- In this mode the patient is able to breathe spontaneously at both high and low pressure baselines. Pressure support can be added during the low pressure baseline period to improve comfort.



B-LEV MODE

Bi-Phasic Ventilation

- B-Lev mode is also known as
 - Bi-Phasic
 - APRV
 - PeV+
 - Bi Vent
 - Bi Level



Bi-Phasic Ventilation B-LEV

How does B-Lev work?

The ventilator applies CPAP (P High) for a prolonged time (T High) to maintain adequate lung volume and alveolar recruitment, followed by a time cycled release phase to a lower set pressure (P low) for a short period of time (T low) or (release time) –where most of the Co₂ removal and ventilation occurs



Bi-Phasic Ventilation B-LEV

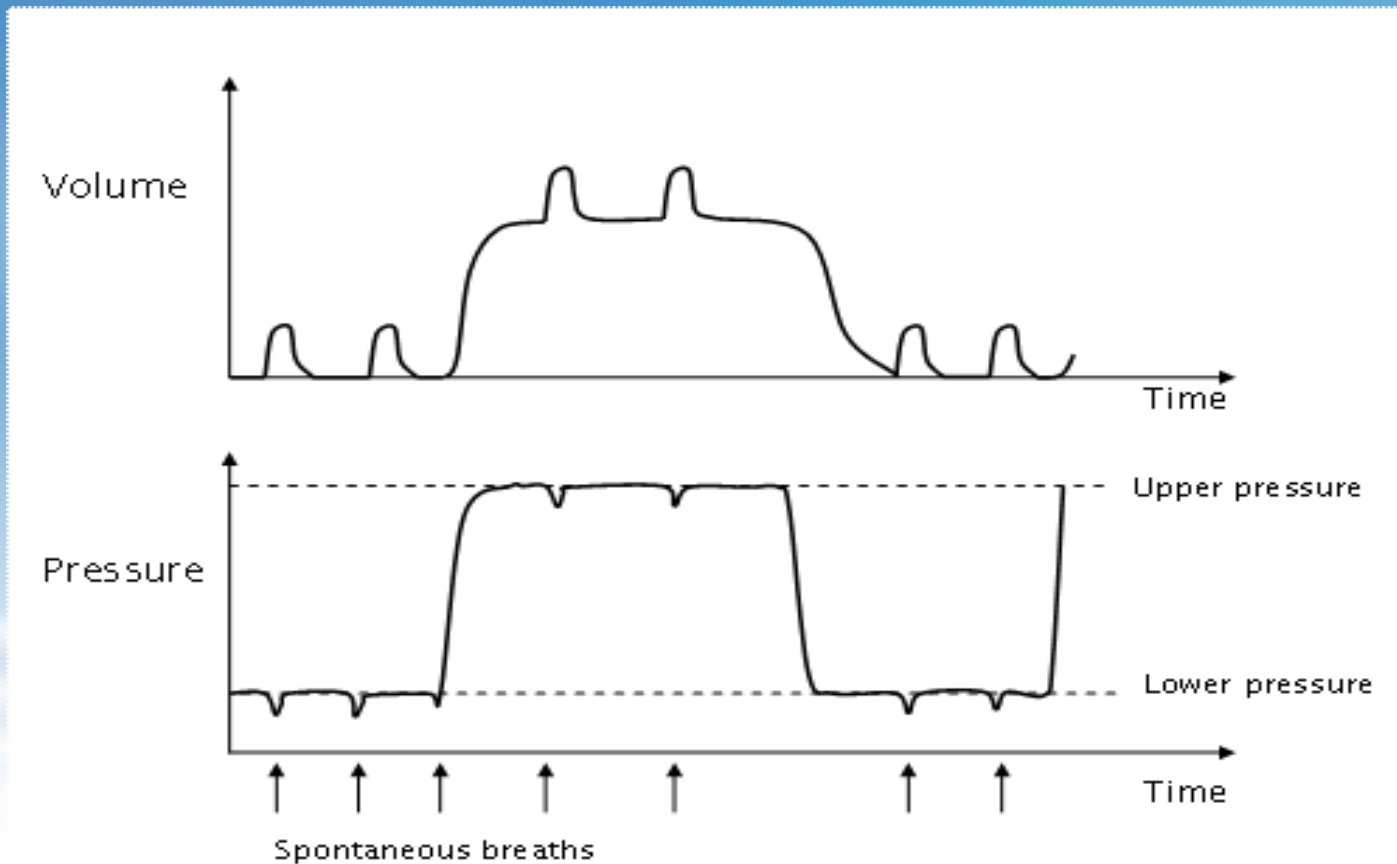
- .How does B-Lev work?

When the patient triggers a pressure support breath during the pressure low period (P low), the transition from pressure low to pressure high (P high) occurs 1 second from the end of inspiration.

Flight 60 has an active exhalation valve that allows the patient to breathe spontaneously throughout the entire respiratory cycle



Bi-Phasic Ventilation B-LEV



Bi-Phasic Ventilation B-LEV

- Advantages of Bi-Phasic Ventilation
 - Decreased atelectasis
 - Preservation of spontaneous breathing
 - Improved oxygenation (stabilizing collapsed alveoli)
 - Ventilation to dependent lung regions
(with spontaneous breathing)
 - Patient ventilator synchrony (comfort)
 - Improved Hemodynamics (Spontaneous breathing augments cardiac filling)



Bi-Phasic Ventilation B-LEV

- Disadvantages of Bi-Phasic Ventilation
 - Risk of Volutrauma: due to spontaneous breathing during high pressure (with concomitant generation of large tidal volumes and large negative pleural pressure swings)
 - Increased Work of Breathing
 - Increased Energy Expenditure Related to Spontaneous Breathing



How to set up Bi-Phasic on the Flight 60

- In B-Lev the following controls are required:
 - P Low The Low Pressure Baseline
 - P High The High Pressure Baseline
 - T Low The Low Pressure Baseline Period
 - T High The High Pressure Baseline Period
 - PSV The Pressure Support Level



How to set up Bi Phasic on the Flight 60

To Set Up B-Lev

- Step 1 Press modes button
- Step 2 Select B Lev & press enter
- Step 3 Set Parameters
- Step 4 Set Alarms



Bi Phasic Parameter Screen

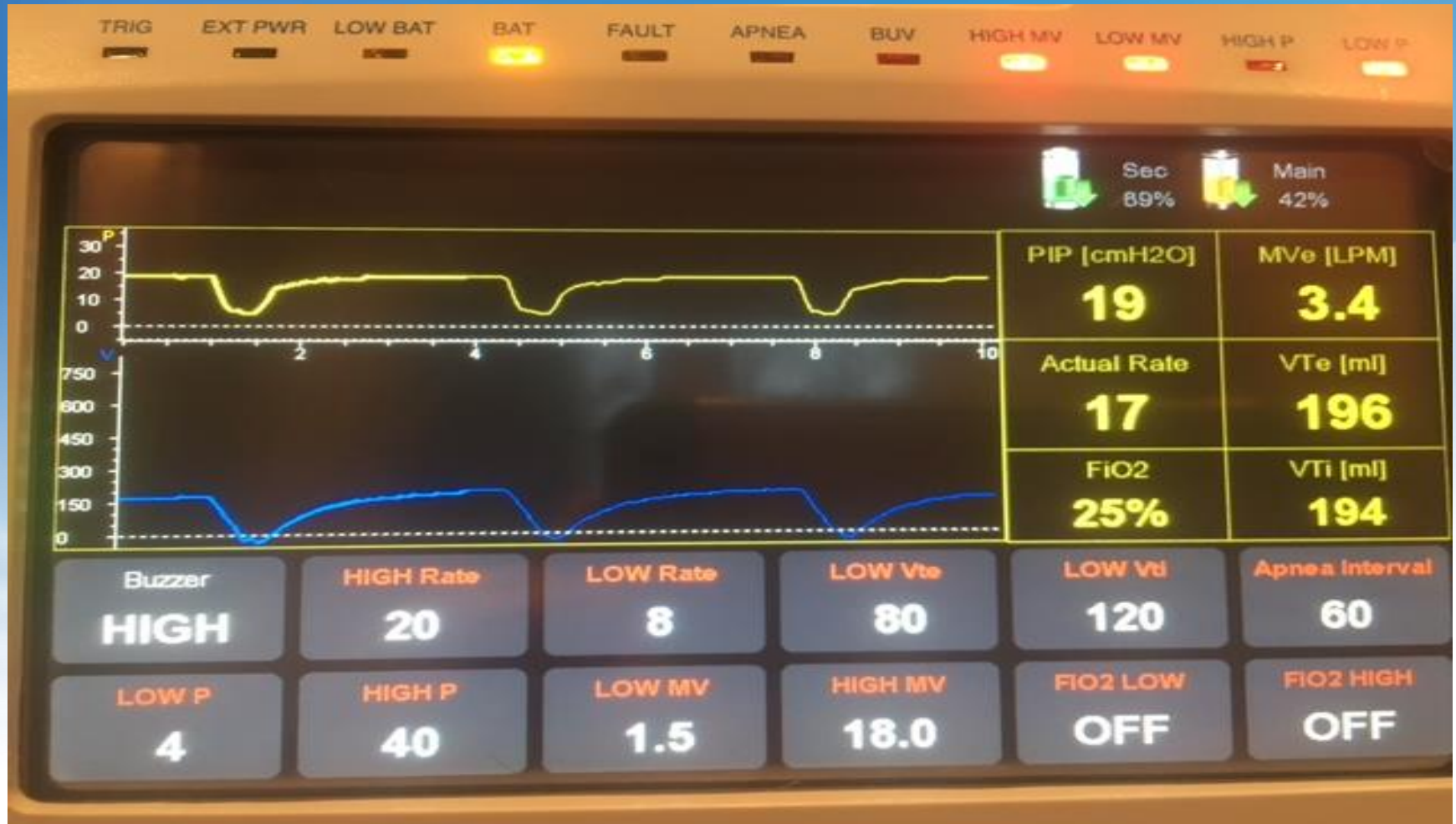


Setting Alarms in Bi Phasic

- High rate / Low rate
- Low Vte / Low Vti
- Apnea Interval
- Low / High MV
- Low / High Fio2
- P High – *Pressure Limit, alarm
- P Low - * Pressure Limit, alarm



Alarm Screen Bi Phasic Mode



Initial Bi Phasic Settings

- Note: Follow Physicians orders / Hospital Protocols

-P High P High at the P_{plateau} (or desired $P_{\text{mean}} + 3 \text{ CM H}_2\text{O}$)

If you are switching to B Lev from different mode, then P High can be set at previous mean airway pressure.

Try to keep P High < 35 cm H2O

-T High At 4.5-6 seconds *This is the inspiratory rate. Rate should be 8-12 bpm maximum*



Initial Bi Phasic Settings

- Note: Follow Physicians orders / Hospital Protocols
- P Low at 0.5 to optimize expiratory flow
The large pressure ramp allows for tidal ventilation in short expiratory times
- T Low at 0.5 – 0.8 seconds
Expiratory time should be short enough to prevent derecruitment & long enough to obtain suitable Vt. Target Vt is between 4-6 ml/Kg



Bi- Phasic Ventilation

- **References**

- Airway pressure release ventilation as a primary ventilatory mode in acute respiratory distress syndrome. Acta Anaesthesiol Scand. 2004 Jul;48(6):722-31 [[MEDLINE](#)]
- Other approaches to open-lung ventilation: Airway pressure release ventilation. Crit Care Med. 2005 Mar;33(3 Suppl):S228-40 [[MEDLINE](#)]
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- Airway pressure release ventilation: what do we know? Respir Care. 2012 Feb;57(2):282-92 [[MEDLINE](#)]





Thank you



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